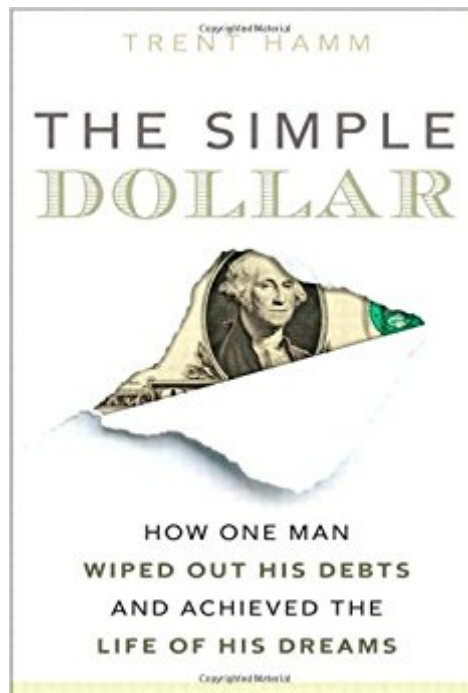


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# The Simple Dollar: How One Man Wiped Out His Debts And Achieved The Life Of His Dreams



## Synopsis

Struggling with debt? Frustrated about work? Just not satisfied with life? Trent Hamm set out to boost his happiness by freeing himself from debt. This account of how he succeeded, and how he was able to construct the life he'd always wanted, will inspire readers to put his ideas to work in their own lives.

“Gretchen Rubin, author of the #1 New York Times best seller, *THE HAPPINESS PROJECT*”

“The Simple Dollar paves the way to an uncluttered financial and richly rewarding life. Trent's experiential advice prepares readers for the expected—and most importantly the unexpected—complexities of the modern economic world. Live debt free, mind the gap, and find a framework to get the secure and happy life you desire.”

“Erin Rooney Doland, author of *Unclutter Your Life in One Week* and Editor-in-Chief, *Unclutterer.com*”

If you feel like your finances are out of control, read *The Simple Dollar*. Trent Hamm burns with the unforgettable fire of someone who has gone from debt to wealth, and this book can inspire you to do the same.

“J.D. Roth, author of *Your Money: The Missing Manual* and editor of *GetRichSlowly.org*”

The Simple Dollar can change your life. Trent Hamm found himself drowning in consumer debt, working in a job he couldn't stand—and figured out how to escape that debt and build the fulfilling career he'd always dreamt about, all at the same time. Hamm shared his experiences at *TheSimpleDollar.com* and built it into one of America's top personal finance websites. Now, *The Simple Dollar* is a book: packed with practical tips, tools, and lessons you can use to transform your life, too.

This isn't just another personal finance book: it's profoundly motivating, empowering, practical, and 100% grounded in today's American realities. Trent Hamm will show you how to rewrite the rules, creating healthier relationships with money—and with your loved ones, too. With his help, you can get out of debt, start moving forward, and build the strong personal community that offers true happiness—no matter what happens to the economy.

Escape the plastic prison, and stop running to stand still

5 simple steps to eliminate credit card debt—and 5 more to start moving forward

Shift your life's balance towards more positive, stronger relationships

Learn how to put the golden rule to work for you

Discover the power of goals in a random world

Then, learn how to overcome inertia, and transform goals into reality

Navigate the treacherous boundaries between love and money

Move towards deeper communication, greater honesty, and more courage

## Book Information

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## Customer Reviews

Three stars -- right in the middle -- isn't a rating I "award" very often; usually my views tip one way or the other. In this case, I think the book might be worth five stars to those who: \* are fairly young and unknowledgeable about personal finances; \* find inspiration in personal stories related by a peer (or age cohort); \* prefer to have a hard copy of text instead of reading information readily accessed on the Web; \* or those who do not use the Internet at all. But there are others for whom the book would not rate more than a single star, such as those who: \* have some background in managing their money and have read other books on debt reduction; \* read personal finance blogs such as this author's and the blog of one of his endorsers and do not feel the need for a hard copy of the material; \* might have trouble relating to a young man who has, so far, faced only a young man's problems. "Over the years" is, in reality, only a few years for this writer. Some might find this off-putting. I am not certain that there are more people in the former category than in the latter, so simply on content, style, and utility, I'll give this three stars. For myself, however, I tip clearly toward the latter group. I read personal finance blogs to find new information and, in terms of getting out of debt, there is simply nothing new to say. Do it. If you need tips on how to do so and if you are Web-literate enough to be reading this review, you can use search engines. But there are constantly new nuggets about frugality to be gleaned. That's why I look at personal finance blogs, including this writer's.

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